

## *New Parents Services*

### 2010 Calendar of Groups

#### **Bringing Baby Home**

##### **Bellevue**

Saturdays: Jan 23 & 30, Mar 13 & 20, Jun 19 & 26, Nov 13 & 20  
9 am – 4 pm for two weeks  
\$150

##### **Seattle**

Saturdays: May 1 & 8, Sept 11 & 25  
9 am – 4 pm for two weeks  
\$150

#### **Listening Mothers**

##### **Bellevue**

Wednesdays starting: Jan 27 & Apr 14 & Sept 13  
10:30 am - noon for 8 weeks  
\$120

##### **Seattle**

Tuesdays starting: Feb 23  
10:30 am - noon for 8 weeks  
\$120

#### **Father's First Steps**

##### **Bellevue**

Saturdays: Apr 10  
12:30 pm – 2:00 pm for 6 weeks  
Cost is \$96

#### **Reflective Parenting Program**

*Discipline from the Heart*

##### **Bellevue only**

Wednesdays starting: Jan 20, Apr 7, Sept 8  
5:30 pm – 7:30 pm for 8 weeks  
\$200 per individual, \$300 per couple



##### **Bellevue Location**

11911 NE 1st Street, Suite 300  
Bellevue, WA 98005

##### **Seattle Location**

1900 Rainier Avenue South  
Seattle, WA 98144

425.450.0332

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