

### Class location

1300 114th Ave. SE #210, Bellevue, WA 98004

### Tuition

Tuition for HD I&II and IO is \$1,800 for the year. Tuition may be paid quarterly, with \$450 coming due each quarter. If tuition is paid by credit card, there will be a \$15 per quarter service charge, or a one time \$50 service charge when paying the entire amount at one time by credit card.

### Class Schedule & Program Hours

Classes will begin on September 7, 2011 and will approximate the University of Washington schedule with breaks to be determined by the instructors. Classes will be held on Wednesdays from 10:30 am to Noon.

### Application Process

Applicants must complete a Wellspring Family Services application form, participate in an individual interview, and pass a criminal background check to determine eligibility for enrollment. There is a \$50 processing fee due at the time of application. In the event that enrollment exceeds space available, the processing fee will be refunded.

### To Request Information

Information about the Human Development Certificate Program can be obtained at our website – [www.wellspringfs.org](http://www.wellspringfs.org). Click on Careers & Training, then Training, then Human Development. You may also call **Judy Burr-Chellin** or email her at [jburrchellin@wellspringfs.org](mailto:jburrchellin@wellspringfs.org).



*Certificate Program in  
Human Development*

**Classes Begin September 7, 2011**



### Administrative Offices

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## The Certificate Program in Human Development

An advanced training program in human emotional development during the first 18 months of life. This program satisfies the University of Washington IMH certification requirements.

### Human Development I & II – The First 18 Months of Life

is comprised of:

- I. Didactic course
- II. Infant Observation and Consult

- **Please note:** The Didactic Course and Infant Observation must be taken simultaneously.

#### I. Human Development - Didactic Course

Students will be expected to discuss the readings assigned for each class. Copies of all didactic readings will be provided to students.

#### II. Infant Observation Lab and Consult Discussions

Students will be expected to observe a mother and infant from birth through the infant's first birthday for a 45-50 minute weekly in-home lab period. The student will choose the mother and infant they observe.

Students will be expected to write a weekly narrative of their observations. In addition, students must complete the Massie-Campbell Scale of Mother-Infant Attachment Indicators During Stress after each observation. Students are asked to take a "specific moment" when observing their mother and infant; then using the Scale, concentrate on two specific interactive behaviors – gaze and vocalization. Students are asked to note any changes in the gaze and vocalization as they observe weekly. It is recommended that students be aware of their counter-transference feelings as they view these "specific moments".

Students are expected to attend classes Winter, Spring, Summer, and Fall quarters continuously. Students must also be prepared to discuss both their weekly infant observations and the completed Massie-Campbell Scale at the weekly infant observation consult.

A final paper incorporating the student's understanding of all their infant observations and use of the Massie-Campbell Scale will be due two weeks prior to the student's last day of class and will be discussed by the student during one of the last two classes.



#### Certificate Completion Requirements

If a student participates satisfactorily in four continuous quarters of Human Development I and II, they will receive a certificate of successful completion for the course. The student must attend 8 out of 10 classes in any quarter. More than two absences per quarter will result in an unsuccessful completion of the course.

#### Faculty

**Catherine A. Henderson, Ph.D., A.R.N.P.** is an Advanced Registered Nurse Practitioner with a Ph.D. in Clinical Psychology. Dr. Henderson is a training and supervising Child and Adult Psychoanalyst and a faculty member with the Seattle Psychoanalytic Society and Institute. Dr. Henderson is also a Clinical Assistant Professor in the Department of Family and Child Nursing at the University of Washington. She is in private practice in Bellevue, Washington.